

SIMPLE FORMULA FOR LIVING

Live beneath your means.

Return every thing you borrow.

Stop blaming other people.

Admit it when you make mistake

Give clothes not worn to charity-

Do something nice and try- not to get caught.

Listen more; talk less.

Every day take a 30 min. walk.

Strive for excellence, not perfection.

Be on time. Don't make excuses.

Don't argue. Get organized.

Be kind to unkind people.

Let someone cut ahead of you in line.

Take time to be alone.

Cultivate good manners.

Be humble.

Realize and accept that life isn't fair.

Know when to keep your mouth shut.

Go an entire day without criticizing anyone.

Learn from the past. Plan for the future.

Live in the present.

Don't sweat the small stuff.

It's all small stuff.