



Case Study - Emily

Emily, a university student diagnosed with dyslexia, typically finds traditional revision methods daunting. Reading extensive texts and retaining information poses significant challenges for her, often leading to stress and impacting her academic performance.

The Pro-Revise Solution

Pro-Revise provides Emily with a customised study approach, allowing her to utilise the ways she learns best through an array of revision methods and tools:

- **Building Metacognitive Skills:** After completing the VARK Questionnaire in Pro-Revise, Emily discovers that visual methods resonate most with her learning style. This valuable insight allows her to strategically choose the most effective revision techniques tailored to her preferences, helping her to develop her metacognitive skills and enabling her to become a more self-aware and effective learner.
- **Visual Learning with Interactive Flashcards:** Emily engages with the Flashcards and Concentration methods in Pro-Revise to reinforce her understanding of key terms and definitions. This approach significantly aids her memory retention and comprehension of complex concepts. By actively recalling information through this visual mechanism, Emily strengthens her knowledge and reinforces her learning effectively.
- **Adaptive Study Planner:** Emily benefits from Pro-Revise's customisable Study Planner, which intelligently schedules optimal revision sessions based on her study preferences and existing commitments. This adaptive planning tool fits seamlessly into her daily routine, efficiently organising her study time. By automatically aligning her revision sessions with her personal schedule and learning style, the planner significantly reduces her anxiety and enhances her time management.
- **Mock Exams:** Being able to take a mock exam enables Emily to practice and gauge her understanding in a controlled, exam-like environment, boosting her confidence.

- **Engaging Create a Meme:** Emily leverages this revision method to convert complex information into an easy-to-remember and fun format, aiding in her long-term memory retention.

Outcomes

- **Enhanced Academic Performance:** Emily experiences a noticeable improvement in understanding and remembering course materials. This leads to a better grasp of subjects and higher grades.
- **Reduced Anxiety:** The personalised and accessible approach of Pro-Revise alleviates much of Emily's study-related stress. She feels more empowered and less burdened by her coursework.
- **Increased Confidence:** With her academic improvements and reduced anxiety, Emily's confidence in her academic abilities grows significantly.

Conclusion

Pro-Revise's adaptive and varied approach is proving indispensable for Emily. It addresses her specific learning needs and has transformed her study habits, leading to a more enjoyable and successful academic experience. Emily's story is a powerful example of how Pro-Revise can redefine personalised, inclusive education for students with diverse learning requirements.